

Hill Center for Dermatology, PC

Wound Care Instructions

FREEZING

- You may bathe normally after treatment.
- A blister may develop. Do not pick at the blister or remove the top of the blister.
- You may cover the blister with a bandage.
- Gently clean the area with soap and water daily, and apply Polysporin, Vaseline or Aquaphor ointment.
- Keep moist and avoid scab formation.
- Watch for signs of infection.
- There may be a need to repeat the treatment if the lesion does not resolve in a few weeks.
- It is okay to apply make up, lotion or any cosmetics after treatment.

SKIN BIOPSY

- Keep the area clean and dry for 24 hours.
- After 24 hours you may bathe normally.
- Gently clean the area with soap and water daily, and apply Polysporin, Vaseline or Aquaphor ointment.
- Keep covered with ointment and a bandage until healed to avoid scab formation.
- Watch for signs of infection.
- If sutures were placed, return for removal as instructed.
- Please call our office if you do not receive notification of biopsy results within 7-10 days.

(ED&C) SCRAPING & BURNING

- Keep the area clean and dry for 24 hours.
- After 24 hours you may bathe normally.
- Gently clean the area with soap and water one to two times a day, and apply Polysporin, Vaseline or Aquaphor ointment.
- Keep moist and covered with a bandage until healed to avoid scab formation.
- Watch for signs of infection.
- ED&C sites can sometimes take 4-6 weeks or more to heal. Continue to keep moist and covered.

WOUND HEALING FACTS

- Wounds on the lower leg heal the most slowly sometimes taking up to 6 months or more and can appear violet while healing.
- Wounds heal best if kept clean, moist and covered. Healing is slower with increased scarring if left open.
- Sun exposure to healing wounds may cause permanent darkening of the site.

If you notice any of the following signs or symptoms, or if you have any problems or concerns, call our office:

(303) 526-1117

**Pain
Redness**

**Swelling
Opening of the wound**

**Heavy Bleeding
Drainage of Pus**